

Ceremony Formulation Questionnaire

Name	
Address	

Phone 1	
Phone 2	
Email	

Spiritual Tradition:	Please expand your thoughts:
Nature-based	
Humanistic	
Polytheistic	
Theistic	
Other	

Nature of Event			
Birth		Entering adulthood	Creating partnership
Naming or renaming		Graduation	Changing abodes
Onset of menses		Beginning project	Changing communities
Entering adolescence		Completing project	Dissolving partnership
Hospice Spiritual Care			Memorial Celebration

Desired location
1.
2.

Check all feelings that currently apply to this situation:				
Alienation	Denial	Impatience	Regret	
Anger	Despair	Loneliness	Reconciliation	
Anticipation	Doubt	Longing for Meaning	Solicitude	
Apprehension	Discretion	Love	Support	
Anxiety	Eagerness	Need for Understanding	Trust	
Belief	Excitement	Peace	Unfinished business	
Buoyancy	Faith	Pressure	Yearning	
Busyness	Fear	Promise	Zeal	
Caution	Grief	Questioning		
Clarity	Hope	Quickening		
Confusion	Joy	Unfinished business		

Check any and all tools that you embrace to support the process:		
Affirmation	Education	Prayer
Anointing	Energy work	Sacred Texts
Counsel	Guided Imagery	Visualization